# THE STUDENT DOCTOR DIGEST-IVE

# YOUR SGA TEAM

President: Khin Oo (LDP) Vice President 1: Abhay Dhillon (LDP) Vice President 2: Tyler Dobratz (DSP) Secretary: Ananya Koka (LDP) Treasurer: Anthony Di Cecca (DSP) Webmaster: William Kim (DSP) MHTF: Serene Bahi (PCSP)

## MENTAL HEALTH

### TASK FORCE

Serene Bahi (PCSP) Safiya Farooqi (LDP) Suhani Patel (PBL) Minahil Mustafa (PBL) Wendy Weaver (DSP) Sandres Aodish(PCSP)

## UPCOMING SGA EVENTS

- 1.SGA Food for Kidz Community Service Event: Food Packing (4/30/22)
- 2. Physician Panel
- 3.USMLE/COMLEX Seminar (May 9th Tentative Date)

THE OFFICIAL SGA NEWSLETTER

PICK UP A DESTRESSOR GOODIE BAG IN THE VORA LOUNGE FROM 12-1PM until THURSDAY!

- Neuroanatomy coloring books
- Decal stickers
- K-cups
- Ground coffee bags
- Brain stress balls!
- Candy

## Weight Stigma in Healthcare

By: Mental Health Task Force Systemic discrimination towards overweight and obese persons in the United States has detrimental effects on mental and physical health. Weight stigma is prevalent in medical settings, and can frequently affect the patient's ability to receive the best medical care. The majority of overweight and obese patients report inappropriate comments from doctors about their weight, and describe them as one of the most common sources of stigma. As future physicians, it is important that we consider how weight stigma could affect our future patients and actively work to combat it.

https://onlinelibrary.wiley.com/doi/full/10.1038/oby.2008.636 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2866597/

# DON'T MISS OUT!

#### upcoming events from your favorite clubs!

#### Charity Miles Fundraiser with CMDA and Radiology Club

Christian Medical and Dental Association and Radiology Club are holding a Charity Miles fundraiser for UNICEF or Save the Children in efforts to support Ukraine! Simply download the Charity Miles App and convert your steps into money! This event will be ongoing for the entire month of April! Contact Wendy Weaver if you have any questions.

### SNMA Stop the Bleed Event

April 19th 6-8PM Kiersage Fire Department

### Oncology Club Q&A 4/28

Q&A with the Program Director of Duke Heme/Onc Fellowship Dr. Richard Riedel on 4/28 at 6 PM

SOMA Diversity in Medicine Roundtable 4/20

Spanish Medical Club: Community of Caring Drive 4/07-4/21

## *HOW TO USE OUR SGA WEBSITE:*

BY WILLIAM KIM

If you have any issues with the website (finding forms, creating an account, advisor not listed, etc.), please reach out to <u>med.webmaster@sga.lecom.edu</u>

The website is public for anyone to see. The website allows you to find clubs that you may be interested in. Club pages will have their contact information and form you can use to reach out to them!

#### Update 22.2.1 SGA Calendar!

The SGA calendar is now available for all students to subscribe to! Our VP2, Tyler Dobratz, will monitor and update the SGA calendar. On the page, click the + button at the bottom right-hand corner of the calendar to add to google calendar apps. There is also an iCAL subscription method available to everyone with other calendars.

#### Mental Health Resources

Our MHTF chair, Serene Bahi, and Dr. Dunbar have provided a list of Mental Health resources available in Erie! You will also find a document that provides tips for interventions. The MHTF would like to collect your ideas on the contents of a resource page via this form: <u>https://forms.gle/HKzoWvvuvFb8NMds9</u>. Thank you for taking the time to share your thoughts!

#### Convenience Page

A Convenience page has been added to the resources section of the website. For now, it provides students with login information for mediasuite lectures.

#### **OPP Lab Room Schedule**

An OPP lab room schedule has been posted to the website. This will show when the lab room is closed to students due to H+P, MS1 + MS2 OPP labs, and SAAO forums.



